



MSTCA Bay State XC Invitational

Meet Sponsor:	M-F Athletic	Location:	Wrentham Development Center	
Sanctioned by:	MIAA	Sponsored by:	Woburn Memorial High School	
Meet Director:	James Fletcher	EMAIL:	jamesfletcher.hc@gmail.com	
Date:	October 12, 2019	Time:	Division 1	10:00 am
			Division 2	1:00 pm

Division 1 – MIAA EMass Divisions 1,2,3, CMass D1, WMass D1
Division 2 – MIAA EMass Divisions 4,5,6, CMass D2, WMass D2

Sanctioning for the following states has been approved and athletes from member schools are allowed to compete in this invitational: Massachusetts, Rhode Island, Connecticut, New Hampshire, New York, and Vermont.

Order of Races

10:00 am	Division 1 Freshman/Sophomore Girls Relay - 5K
10:28 am	Division 1 Freshman/Sophomore Boys Relay - 5K
10:53 am	Division 1 Junior/Senior Girls Relay - 5K
11:20 am	Division 1 Junior/Senior Boys Relay - 5K
11:44 am	Division 1 Coed Relay #1 (2 Girls & 1 Boy) - 5K
12:10 pm	Division 1 Coed Relay #2 (2 Boys & 1 Girl) - 5K
1:00 pm	Division 2 Freshman/Sophomore Girls Relay - 5K
1:28 pm	Division 2 Freshman/Sophomore Boys Relay - 5K
1:53 pm	Division 2 Junior/Senior Girls Relay - 5K
2:20 pm	Division 2 Junior/Senior Boys Relay - 5K
2:44 pm	Division 2 Coed Relay #1 (2 Girls & 1 Boy) - 5K
3:10 pm	Division 2 Coed Relay #2 (2 Boys & 1 Girl) - 5K

Awards Medals to the top 10 teams in each race.

Relay teams may collect their medals by the finish line after the official results are posted.

Entry Information and Limits

- Each relay team must consist of 3 runners.
 - The first two legs will run 1 mile while the anchor leg will run 1.1 miles.
 - There is no limit on the number of relay teams a school may enter in each race.
 - Teams do not need to bring batons, the MSTCA will supply relay bracelets for each team.
 - Final leg must finish with the bracelet.
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Entry Deadline Monday , October 7, 2019

All entries are done through [this Google form](#).

Late Entry Policy

If a school misses the Monday deadline, the coach must contact and receive permission from the Meet Director to enter.

October 8: Late entry fee is \$50 per single gender team

October 9: Late entry fee is \$100 per single gender team

After October 9, no entries will be accepted. Late fees must be paid before your team is allowed to compete.

Entry Fees: **\$16** per relay team
 \$155 max per gender per school (**\$285 maximum per school if both b/g attend**)

Each school must notify the MSTCA's Finance Officer at mstca.billing@gmail.com of its payment plan for the entry fees prior to the day of the meet.

** If a school is using the MSTCA's Single Payment method, the school should notify the MSTCA via email and include any Purchase Order number which is attached to the Single Payment.

** If a school is paying with a Purchase Order for this meet only, the school should notify the MSTCA of the PO number via email.

** If a school is paying by check in advance, the school should mail the check to the address listed below and notify the MSTCA via email.

** If a school is paying by check on the day of the meet, the school should notify the MSTCA of this intent via email.

Please make checks out to **MSTCA** and mail to:

MSTCA
% Bay State Entries
956 Turnpike Road, Unit D
Canton, MA 02021

MSTCA Tax ID # 04-3394224

MSTCA Single Waiver Each school must have their Principal and/or AD sign and accompany a team roster and must be submitted to MSTCA President Jim Hoar, 31 Campion Road, Yarmouthport, MA 02675 by September 18, 2019. Forms/Rosters may also be sent electronically to hoarj@dy-regional.k12.ma.us. See below or visit www.mstca.org for a copy of the waiver.

ADDITIONAL NOTES

- No grills, fires, or cooking is allowed at the Wrentham Development Center grounds.
- No dogs or other animals are allowed on the Wrentham Development Center grounds
- Coaches must keep their athletes from running between the buildings where patients reside.
- Remind your spectators that there is a \$5 parking fee per carload.
- All tents must be WEIGHTED & SECURED
- NO DRONES are allowed at any MSTCA events.